

God's Comfort





Year 1—Quarter 1 “God the Father”

Quarter Aim: God is not distant or unapproachable; rather, He is a caring Father who loves us deeply and wants the best for our lives.

Lesson 10: God’s Comfort

AS YOUR HEAVENLY FATHER, **GOD WILL COMFORT YOU.**

As your Heavenly Father, God will help heal the hurt you are feeling now. Someday you will go and live in Heaven with God, where there is no suffering, sorrow or death. When Jesus comes back to Earth, He will heal all the problems sin has caused in the world. He will make it perfect once again.

God will hear and answer your prayer. Does this mean that nothing bad will ever happen again? No, bad things will always happen in our world. But you can know that God will always be with you. He has promised He will never leave you (Hebrews 13:5).

The Bible also says the Lord is your helper. You don’t need to be afraid (Hebrews 13:6). Trust in God. He will help you get through anything.

God loves you so much He gave you His words in a book called the Bible. There are many passages in the Bible that are helpful when we go through hard times.

You can memorize these verses and say them when you feel sad or afraid. Always remember that God loves you and He wants to help you through this hard time.

- “...I [God] will never leave you.” Hebrews 13:5
- “The Lord [God] is my helper; I will not fear.” Hebrews 13:6
- “[God] alone is my rock and my salvation.” Psalm 62:2
- “The Lord [God] is near to all who call on him.” Psalm 145:18
- “God is our refuge and strength, a very present help in trouble.” Psalm 46:1

Lesson Introduction

The Holy Spirit, Our Comforter: To begin a discussion with your students about the Holy Spirit, you can first discuss people who serve to help us and keep us safe. You might have pictures to display, as well. This might include police officers, security guards, firefighters, doctors, or nurses. They are helpers set in place to take care of our earthly lives. Jesus gave us a special helper, too!

Explain: that Jesus gave us a special helper to allow us to connect to God. This is called the Holy Spirit, and it helps us in our Christian lives.

Read: John 14:15-21 and say: Jesus promised to always be with us. He has given us a special helper, the Holy Spirit, to take care of our hearts.

Snack: Serve cream puffs or jelly-filled donuts and describe how they are filled with something special, just like the Holy Spirit fills us. You could also serve chocolate milk. Say: if we just let the chocolate syrup sit in the bottom of the glass it doesn’t do much good. But if we STIR it up (like being stirred with God’s love) you get delicious chocolatey goodness in every sip!

Power Point

God will
comfort you.

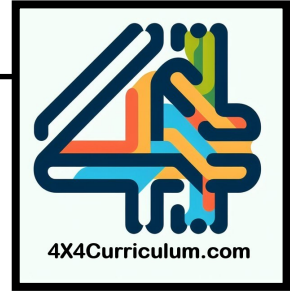
Lie:

God thinks I’m not
good enough.

Truth:

Psalm 139:14, *How
you made me is amaz-
ing and wonderful. I
praise you for
that.” (NIRV)*





Small Group Activity

What worries you?

Provide paper and pencil for each child. Say: What are some of the things you are worried about right now? Write them on the paper.

Discuss: Sometimes you might just feel sad and want to cry. And sometimes crying makes you feel better. Don't be ashamed. The one true and living God knows how you feel and He understands. He is also sad when terrible things happen. Here are some questions you might have:

Q: Does God know and care about me?

A: Not only does God know you, He loves you no matter what your thoughts and feelings are. In the Bible God says He loves you with a love that lasts forever (Jeremiah 31:3).

Q: Why do so many bad things happen in the world?

A: Sin brings many bad things into the world but God is still in charge. He decides what He will and will not allow to happen.

Q: Why did God allow this to happen?

A: God is still in control even though it might not seem like He is. You may never understand why God let this happen. But you can know that while you are hurting, He is hurting too. When God allows something like this to happen, He wants to go through it with you.

Q: How can I get through this terrible time?

A: No matter what happens, God can help you get through it. If you become His child, He will take care of you as part of His family. God is not like earthly fathers—He is perfect. He wants to be your loving Heavenly Father and comfort you during this difficult time.

How Can You Become Part of God's Family?

God understands the terrible things you're going through because He has also suffered. He watched as men took His Son and nailed Him to a cross. Jesus suffered too. He bled and died a horrible death. God knew this was the only way your sin could be forgiven.

The Bible tells us that anyone who receives Jesus, believing on His name, becomes God's child (John 1:12). To believe on Jesus is to trust completely that He died for you so you can be forgiven. If you trust Jesus as the only one who can save you from your sin, God will change you and make you His own child.

Do you believe on Jesus?

You can use words like these to tell God:

Dear God, I know I have sinned and I'm sorry.

I believe that Jesus is Your Son, who died for me and came alive again.

I receive Jesus as my Savior.

Thank you for making me Your child! In Jesus' name. Amen.



God sends the Holy Spirit.

Acts 2:1-13

