

WHAT IS WORSHIP?

Quarter 3 — Lesson 27



Year 3—Quarter 3: Worship

What is Worship?

Introduction

What is Worship?

Ask kids: Do you know what worship means? (Let a few give answers.)

Explain: Worship is when we praise and honor God for who He is and what He has done. Worship is not just something we do on Sundays at church, but something we can do every day, wherever we are.

Discuss

Raise your hand if you can think of ways we can worship God.

Give the children a chance to think of answers.

Such as:

- Pray
- Sing
- Give
- Obey
- Bow

Power Point

Praise and
honor God for
who He is.

Cheer: “Yay God!”

Divide your class into small groups (4 or 5 per group, or boys and girls, or by grade) and ask them to make up a cheer for God that they will present in front of the class.

Give them ten minutes (*with a two minute warning*) and then pick the first group to lead their cheer.

Encourage the groups to make it fun and enthusiastic because God deserves our praise.

After the last group has performed their cheer, tell them they all did a great job and lead them in a closing prayer.



MEMORY VERSE

“Let everything
that has breath
praise the Lord.”
- Psalm 150:6



Year 3—Quarter 3: Worship



Small Group Discussion

Ask: Did you know that worship is more than just singing in church? It's actually showing God how much we love and appreciate Him in everything we do, every day!

Discuss the following questions and allow your students to share their answers:

- Can you think of a time when you showed God love and gratitude without even realizing it? Share your story with the group.
- How can we apply the idea of worship to our daily routines and habits?

- What are some other ways you could show God love and appreciation throughout your day?

Everyday Worship Ideas

for you to share with your students if they don't mention them.

- Share your favorite Bible verse or song with a friend
- Offer a prayer before meals or bedtime
- Help with household chores with a grateful heart
- Give a compliment to someone who needs encouragement

3 Ways to Worship God Every Day

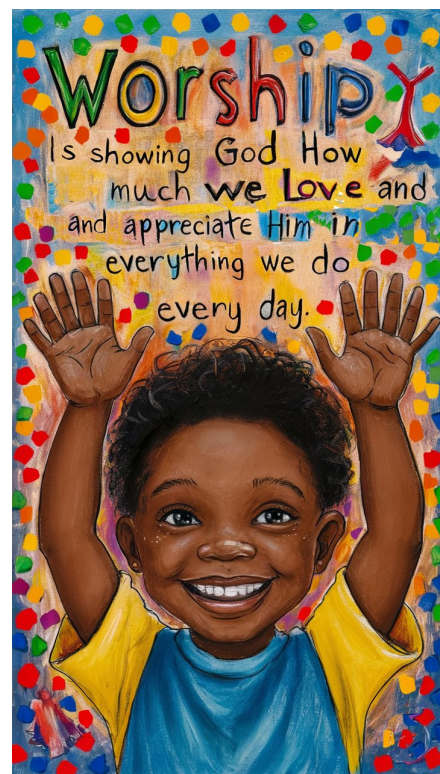
Worship is a vital part of being a follower of God. Worship is showing God how much we love and appreciate Him in everything we do, every day, and here are three ways to do that:

1. **Offer your body to God:** Just like brushing your teeth is a way to take care of your body, you can dedicate your body to God by taking care of it and using it for His glory. Eat healthy foods, exercise, and get enough sleep – all as a way to honor God.
2. **Speak words of praise:** When you're feeling happy or grateful, share those feelings with God. Say "Thank you,

God!" or "I love You, God!" out loud. You can even write prayers or journal entries to express your thoughts and feelings.

3. **Do good for others:** Worshiping God also means showing love and kindness to those around you. Share a smile, hold the door for someone, or help a friend in need – all as a way to reflect God's love and character.

By showing God love and gratitude through our actions, words, and thoughts, we bring glory to Him and experience the joy of a deeper relationship. Remember, worship is a choice, and we can choose to worship God in everything we do.



Take-Home

Year 3, Lesson 27 — What is Worship?

Summary

Bible Passage:

Psalm 150:6; 1 Cor. 10:31; Ro. 12:1; Mt. 5:16

Main Point:

Worship is showing God how much we love and appreciate Him in everything we do, every day!

Discuss:

Q: Worship is when we praise and honor God for _____. He is and what He has _____.

A: Who & Done

Q: What are four ways to worship?

A: Sing, pray, give, serve, obey, gratitude, dance, bow, kneel

Explore the Bible

Read: aloud 1 Corinthians 10:31 and Romans 12:1. These verses are all about how offering our bodies to God as a living sacrifice is an act of worship, and “whether you eat or drink, or whatever you do, do it all for the glory of God.” (See also Matthew 5:16)

When you’re done reading, ask your family what they think about these verses and if they have any ideas on how they can “offer their body to God” as an act of worship, or how they can give glory to God when they eat or play. You might get some creative answers!

Worship Journal

Provide your child with a journal with blank pages. Explain to them that your family will be writing (or drawing) in their “Worship Journal” after each lesson.

- What does this lesson teach me about worshipping God?
- How has the Holy Spirit been helping me this week?
- Are there any commands in the Bible passages we read for me to obey? How are they for God’s glory and my good?
- Are there any promises in these passages to remember? How do they help me trust and love God?
- How have I experienced worshipping God this week?

Apply and Pray

Explain that real worship is a simple thing that comes from the heart. It’s about your attitude and daily giving thanks to God through the little things we do every day.

Pray: “Dear God, Maker of Heaven and Earth, thank You that we get to enjoy the creation that you have made. Teach us to notice Your hand in our lives and help us to be grateful for your blessings and provision.